

NAN Health Summit

November 16-17, 2017 - Timmins

Summary Report





NAN Health Summit

November 16-17, 2017 - Timmins

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1.0 SETTING THE STAGE

1.1 OVERVIEW

Nishnawbe Aski Nation (NAN) Health Summit Chair Wally McKay outlined the objectives of the summit as promoting dialogue on building a new health system for NAN territory. Rather than focusing on describing the current failed system, the intention was to discuss a process to create a new health system that will benefit generations to come.

The delegation was made up of Chiefs and other delegates such as Band Council members and Health Directors. The Summit was blessed by Elder Morris Naveau.

AGENDA

DAY 1 - NOVEMBER 16, 2017

WELCOMING REMARKS - GRAND CHIEF ALVIN FIDDLER

WHY ARE WE HERE - OVERVIEW OF HEALTH SUMMIT - GRAND CHIEF ALVIN FIDDLER

KEYNOTE ADDRESS & DISCUSSION - OVIDE MERCREDI

PANEL & DISCUSSION - NAN HEALTH PANEL

APPROACH TO HEALTH TRANSFORMATION - JOINT ACTION TABLE

KNOWLEDGE EXCHANGE & DISCUSSION - GRAND CHIEF DOUG KELLY

DAY 2 - NOVEMBER 17, 2017

RECAP AND OVERVIEW

PLENARY SESSION: THINK TANK - PREPARATION FOR MINISTERS OPEN FORUM

WELCOMING ADDRESSES - MINISTERS HOSKINS AND PHILPOTT

OPEN FORUM

NEXT STEPS

CLOSING CEREMONY

1.0 SETTING THE STAGE

1.2 OPENING COMMENTS - GRAND CHIEF ALVIN FIDDLER

Grand Chief Alvin Fiddler shared stories of the tragic and preventable deaths of Laura Shewaybick and Brody Meekis which attributed to the failures of the current health system in NAN territory. He invited Jane and Henry Wynne to speak to the delegates about the recent loss of their 29-year-old son, Keith. Keith died of cancer that went undetected despite several trips to the nursing station. These stories were shared as examples of the failures of the system that result in lack of access, lack of proper treatment and lack of needs-based resource allocation.

Grand Chief Alvin Fiddler then described the chronology of events arising from Norman Shewaybick's address to the NAN Chiefs Assembly in January 2016 regarding the death of his wife Laura Shewaybick. Norman's address was received by the NAN Chiefs as a call to action to change the unacceptable health system that puts individuals and communities at risk. As a result of this address the NAN Chiefs passed Resolution 16/04 – Call for Declaration of Public Health Emergency. Grand Chief Alvin Fiddler stated the reason for the declaration: "We can't just fix the system the way it currently is, we need to dismantle these systems because they are old and colonial in nature. They are not working, and they are putting our lives at risk." He also shared a quote from the Nibinamik Youth Council who, when referring to the high costs of community programming, food and building supplies, stated, "The members of our community are paying these high costs with our health."

The Declaration was issued on February 24, 2016, resulting in a meeting with provincial and federal health Ministers during which a commitment to transform the health system for NAN territory was expressed. The Joint Action Table was then formed, and the *Charter of Relationship Principles Governing Health System Transformation in the NAN Territory* (the Charter) was signed on July 24, 2017, marking the commitment of the Ministers on transforming the health system.

Grand Chief Alvin Fiddler described the health transformation process as an estimated 4-5 year process with the ongoing involvement of communities and Chiefs, including a Chiefs political oversight body (Chiefs Council on Health Transformation). Supporting the process will be a process team (Health Transformation Support Team) made up of: Elder Helen Cromarty, Dr. Doris Mitchell, Dr. Michael Kirlew, Mae Katt, Ennis Fiddler, Patrick Chilton, Alex Moonias and a youth representative. Other members of the team will be added through feedback from the Summit and the ongoing direction from the Chiefs.

The purpose of the Summit was to identify a pathway to get to a First Nations health system for NAN.

1.3 KEY NOTE ADDRESS - OVIDE MERCREDI

Ovide Mercredi, Health Transformation Lead and Negotiator, gave a key note address to the delegation. Key messages from his address included:

- Recent statements made by Prime Minister Justin Trudeau regarding reconciliation that reflects a true commitment to change and the opportunity that this represents for moving forward.
- Health transformation is more than just a transfer, it is about health self-determination whereby communities are involved in making decisions, consistent with our own understandings and beliefs.
- The new system must lead to a better quality of care that respects cultures, languages, traditional medicine and puts human rights at the centre of healing. The people are rich, and the culture is strong, we must give life to the traditions through our own people and understandings.
- The journey together will require trust, respect and understanding and must comply with our inherent right to govern.
- The process will recognize diversity, through many roads coming together to build a system. This requires the help of Chiefs, communities, front-line workers, Tribal Councils, and health services under First Nations control.
- First Nations must be the leaders of the change with support from the governments. The work will not be done in Ottawa, Toronto or Thunder Bay but in the communities by the communities.
- He shared the principle and teaching "you are the master of yourself" as each First Nation has the right to define their own destiny. The process is not one that will delay change in other areas but facilitate reform and ensure access.
- It is imperative that the government partners show their commitment by:
 - 1. Properly and adequately resourcing the process at all levels.
 - 2. Addressing immediate needs on an urgent basis.
 - 3. Immediately addressing gaps in services.
 - 4. Elevating the negotiations to a very high level (bypassing bureaucratic processes).
 - The establishment of a Federal and Provincial Political Table is required.

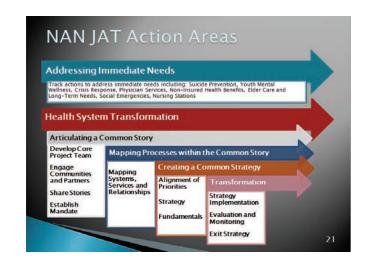


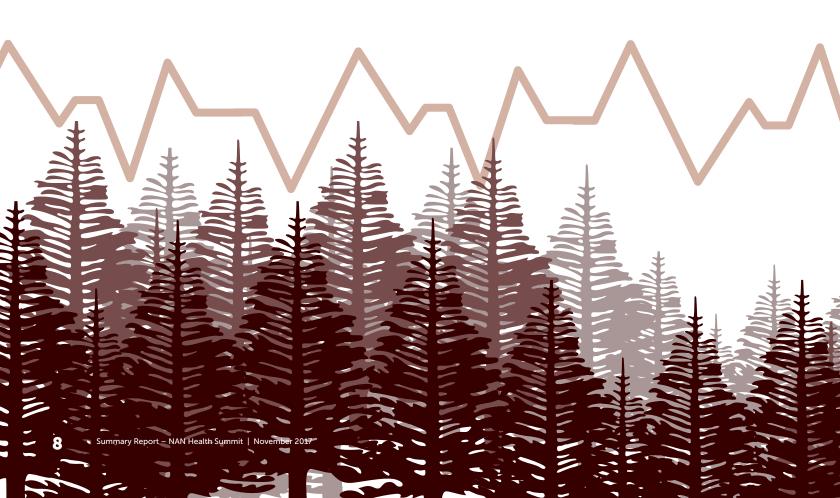
1.0 SETTING THE STAGE

1.4 APPROACH TO HEALTH TRANSFORMATION - JOINT ACTION TABLE

Representatives from the Joint Action Table (JAT) - (Sol Mamakwa – NAN Health Advisor; Valerie Gideon - Health Canada ADM, and Sharon-Lee Smith – MOHLTC ADM) presented an update on the work of the JAT and described the joint-approach to Health Transformation. The presentation touched upon the following:

- 1. The need for health transformation
- 2. The work of the JAT as guided by the Charter
- 3. Described what health transformation is
- 4. Described the JAT process which will:
 - Build upon existing plans, reports, studies, etc.
 - Address immediate needs.
 - Include a work plan for the health transformation process.





1.5 KNOWLEDGE EXCHANGE - GRAND CHIEF DOUG KELLY

Grand Chief Doug Kelly from British Columbia (BC), shared the experience of the BC First Nations in their health transformation process. Key messages from his presentation include:

- The first job of a leader is to make sure our children are safe. That is on each of us – you cannot give that job to Ministers Philpott and Hoskins.
- Leaders need to find a way to create hope among their people. The way to do this is to believe in the people until they can believe in themselves.
- The current system is not a health system, it is a sickness system. It puts the bulk of the spending in hospitals and emergency response, very little into prevention and traditional foods and activities.
- There will always be those who resist change

 you must figure out how to turn them into
 champions of change. It begins with creating
 a relationship, continuing to meet and to turn
 issues on their head. Address fears and turn
 them into mandate statements.
- There will always be challenges with government, but you need to make it clear that you are going to move ahead with or without them.
- Work hard, you need to have enough work done along the way that the communities see enough value to continue the investment.
- There will always be challenges, and problems will arise, but they will be <u>your</u> problems and you will have the authority to fix them.



2.0 DIALOGUE FROM CHIEFS & DELEGATES

THE FOLLOWING THEMES AROSE BASED ON THE DISCUSSIONS OVER THE TWO DAYS WITH REGARDS TO THE AREAS BROUGHT FORWARD BY CHIEFS, DELEGATES AND THE NAN HEALTH PANEL.

2.1 CURRENT BARRIERS & SYSTEM FAILURES

COLONIAL SYSTEM / LACK OF FIRST NATIONS CONTROL

- Impacts the ability to properly plan and set priorities (for First Nations, Tribal Councils and Health Authorities).
- Funding often goes to regional levels despite all efforts to get funding to communities.
- Challenges around the Weeneebayko Area Health Authority (WAHA) model were described as lacking First Nations control and instead is being driven by senior management and the Ontario Hospitals Act.

LACK OF ACCESS AND GAPS IN SERVICES

- There are substantial gaps in home and community care. Although increased funding has been received, there is a need for continued investment to expand care and services.
- Lack of access to doctors, nurses, dentists, optometrists, midwives, acute care, emergency care, long-term care, palliative care, specialized assessments (autism, ADHD, etc.) and proper treatment.
- There are high rates of Hepatitis C due to the opioid crisis; however, there is minimal funding for screening for Hepatitis C.
- Medical transportation and accommodations:
 - Sioux Lookout First Nations Health Authority (SLFNHA) is over capacity at the hostel and lacks appropriate housing for dialysis and Integrated Pregnancy Program (IPP) patients.
 - Poor living conditions for patients from the Mushkegowuk are having to access care in Kingston and Timmins.

JURISDICTIONAL BARRIERS AND LACK OF INTERGOVERNMENTAL COORDINATION

 Currently, everything in the system is policy-driven, there are no standards or minimums. This prevents arguments regarding the failure of formula-based funding as they are not legislated to fund.



- Unregistered children continue to suffer from the lack of access to services.
- Jurisdictional barriers and lack of coordination result in poor access to services.
- Non-Insured Health Benefits (NIHB) is a discriminatory policy which exacerbates jurisdictional divides.

LIMITED FUNDING

- Funding is based on outdated and artificial funding models that do not consider needs.
- Remoteness causes increased challenges to maintain a healthy lifestyle.
- The ongoing gaps in services are primarily a result of chronic underfunding to the current health system.

INADEQUATE INFRASTRUCTURE

- The 2015 Auditor General Report highlighted substantial gaps in infrastructure.
- Lacking space at health centers for new community services and programs.
- Lacking housing for service providers in the communities.
- Many communities are beyond energy capacity.
- Lack of office space or counselling rooms in communities.
- Lack of long-term care and supportive facilities and beds.
- There are barriers to providing integrated care in one setting (barriers to situating provincial services within federally funded spaces).

DATA COLLECTION CHALLENGES

- A data system that supports each community is needed. Communities continue to use paper charts, Doctors and nurses do not have the use of an electronic medical record system.
- challenges with SLFNHA are being recognized as a Health Information Custodian, despite recognition and direction of Chiefs. Information is needed to plan, and communities have the right to this information for their own planning.

2.0 DIALOGUE FROM CHIEFS & DELEGATES

2.2 IMMEDIATE ACTION TO ADDRESS URGENT NEEDS & GAPS IN SERVICE DELIVERY

The Chiefs and Delegates made it abundantly clear that it is imperative that both governments commit to addressing the immediate needs and solutions as we work through the health transformation process. As one Chief stated: "I am very concerned about immediate needs. Any NAN community is in the same dire need. I need an answer tomorrow. How are you going to deal with that [...] someone has to give me answers." This was echoed in comments urging governments to recognize community emergencies by the communities' definition, such that they would trigger actual emergency response.

The urgent issues identified include: mental health, suicide, addictions (Mushkegowuk recently declared a state of emergency on PDA) and full implementation of Jordan's Principle. The Chiefs provided the direction to establish a process to work with each First Nation on their immediate and urgent needs — each community knows what they need to do and how they want to approach the issues.

In addition to these urgent issues, there is a need to make immediate improvements to the service delivery system and address gaps in service delivery (as described in "Lack of Access and Gaps in Services").

Immediate changes include increasing:

- Access to primary care, urgent and emergent care.
- Investments in infrastructure (at the community level and improvements to medical accommodations).
- Revising the nursing model.
- Development of Standards of Care (e.g. standards that would prevent patients from having to return multiple times to the nursing station and not receiving adequate care).
- Improvements to travel and escort models.
- Increase resources for home and community care and long-term care.
- Create flexibility in funding and reporting.
- Supports for the communities to prepare for the impact of legalization of cannabis (development of bylaws, prevention).



2.0 DIALOGUE FROM CHIEFS & DELEGATES

2.3 MOVING FORWARD WITH TRANSFORMATION

A re-occurring theme of the Summit was that Reconciliation and Transformation are already happening and momentum is building. There were many comments made by the Chiefs that reflected a sense of hope and optimism including:

"Reconciliation is happening everywhere. Young people are ready to learn about us and work with our people."

"I am honoured to be here at a time when there is change in the climate, things changing in many sectors of our lives [...] I firmly believe in the possibility of transformation [...] this is a supernatural shift that will cause all these disparities to align themselves [...] we will run and move and be a force to be recognized. It is meant to be."

"When hearing the young people and how hopeful they are, despite all that they face. We need to do it for them and we need to be 'courageously innovative."

"We need to get behind the NAN Executive and Chiefs that pushed this forward."

Throughout the two days, comments were made regarding what a new health system and process should look like. They are summarized in the following themes:

GUIDED BY THE CREATOR

 In the teachings of the Elders, we know the Creator comes first and must be at the forefront of all the work we do – it is not through our own efforts but through the help of the Creator.

LEGISLATIVE FRAMEWORK BASED ON RECOGNITION OF TREATY AND ABORIGINAL RIGHTS

- We need to exercise what we believe is our right under the Treaties based on what our ancestors believed they signed.
- We need to move beyond transfers and devolution and to an arrangement that will lead to recognition of Treaty and Aboriginal rights including the Treaty right to health.

RECONCILIATION THROUGH A NATION TO NATION RELATIONSHIP

- A nation to nation partnership based on reconciliation and Treaty rights will guide the process.
- We must keep the governments accountable under the principles of the Charter.
- The Chiefs Council on Health Transformation will oversee the process and maintain the nation to nation relationship.
- Negotiation shall occur at the highest level and we must not get bogged down in bureaucracy.
- There must be honesty and integrity throughout the process.
- Reconciliation must occur at all levels of the health system, including service providers to provide culturally competent care and strengthened relationships.

ROOTED IN CULTURE AND TRADITIONAL WAYS

- People are rich in traditions and the culture is strong. The traditions are still there, we need to give them life.
- Traditional and western ways should be combined for a healthy system and community.
- A wholistic approach will be the foundation addressing all areas: physical, mental, spiritual and emotional.
- The process should support returning to healthy lifestyles of hard work and traditional ways, including traditional foods. We need to go back to our own hard work and traditional ways.
 - "We traded our rabbits for Clik" Allan Brown.

COMMUNITY DRIVEN AND FIRST NATIONS CONTROLLED

- The process must be driven by Chiefs, community members and front-line workers.
- Youth will be involved and will be a driving force for hope and change.
- We need to hear from our own planning experts throughout the system.
- We need to dismantle NIHB and get away from the control of the Indian Act.
- There needs to be increased First Nations control within all health service delivery organizations providing services to our communities. Examples include:
 - Increased First Nations control of WAHA.
 - First Nations representation on the Ornge Board.
- Canada and Ontario's lead negotiators;
 recommendation from NAN Chiefs to appoint
 Indigenous lead negotiators with high authority.

RECOGNIZE DIVERSITY & PROTECT EXISTING PROCESSES

- A one-size fits all approach will not work. The
 process must ensure that existing work and processes
 will be protected (e.g. SLFNHA's Anishinabe Health
 Plan, Matawa Health Service Delivery Model, transfer
 communities, Moose Cree Bilateral Process, etc.).
- Consideration to impact of this process to Independent and Associate members of NAN.
- Every community, family and individual have a different perspective; this must be reflected in the process.

NATION TO NATION FISCAL FRAMEWORK

- There are current funding mechanisms (Health Transfer to Provinces, Canada Social Transfer, Transfer Payments, etc.) that need to be explored as options to move toward a nation to nation fiscal relationship.
- We need to review Provincial policy regarding funding infrastructure on reserve.
- We need to discuss cost savings and economic spinoffs that may arise from improved service delivery (e.g. Ornge profits) and how First Nations will gain from them.

COLLABORATION AND PARTNERSHIP

 NAN and the Chiefs will work with Chiefs of Ontario (COO) and the Assembly of First Nations (AFN) to maximize efforts and bring to the national tables when needed.

PREVENTION, HEALTH PROMOTION AND SOCIAL DETERMINANTS OF HEALTH

- We need to develop our own definition of health based on wholistic approaches and across all sectors (food security, education, housing, water, etc.)
- The Indigenous and Northern Affairs Canada (INAC) division into the Department of Indigenous Services is a great opportunity for the health transformation process – it allows for broadening the scope of health into water, education, strong families, housing, employment, etc.

CAPACITY BUILDING

- The process must support capacity building at all levels of the First Nations health system including:
 - Supporting young people early on so they are supported in pursuing health careers.
 - Supporting organizations and their capacity development.
 - Revitalizing the roles of community health workers.
 - Providing mentorship and training.
 - Developing ways of community workers to connect with and support each other.
 - Finding ways to better support doctors and nurses to reduce high burnout and turnover.
- Funding for capacity building is required to ensure that communities and First Nations organizations are ready when the new health system is in place. We do not want to continue to rely upon outside people and organizations to run our system.

3.0 COMMITMENT & RESPONSES FROM MINISTERS

3.1 COMMITMENT TO TRANSFORMATION

In their welcoming addresses, Minister Philpott (Department of Indigenous Services Canada) and Minister Hoskins (MOHLTC) expressed their commitment to the health transformation process.

KEY MESSAGES FROM MINISTER HOSKINS INCLUDE:

- "Our health system is colonial and is not serving our First Nation people in the way they deserve. It is inherently unjust, and we know we need to take our direction from [the communities] to change the status quo and systemic discrimination."
- "We must rebuild trust and make the change that will <u>positively</u> impact the future generations of your communities"
- Land based programming is essential to the healing process and we are committed to ensuring continuous funding for this initiative.
- This new path we are forging will not undue or undermine any progress we have made to date.
- The Ontario First Nations Health Action Plan (OFNHAP) committed \$222M to address immediate needs and make immediate improvements to service delivery. The Province also created a new Ministry of Indigenous Relations and Reconciliation (MIRR) Indigenous Youth and Community Wellness Secretariat and we hope this is indicative of our commitment to engage in an immediate fashion – not only urgent cases, but all cases.
- We have a real commitment to addressing the inadequacies of the health system – it does not necessarily need to be that complicated and it does not have to take too long.
- The capacity of the NAN territory on all levels is extraordinary.

KEY MESSAGES FROM MINISTER PHILPOTT INCLUDE:

- "We are committed to the 10 principles set out in the Charter of Relationship Principles and ask you to hold us accountable to them."
- "We are committed to working together for NAN self-determination and will continue to build a better relationship."
- We are committed to better systems for available data, including electronic medical records.
- Jordan's Principle and the Choose Life Initiative quantifies the success that comes from you being in the driver's seat to create your own system.

3.2 RESPONSES TO QUESTIONS

The delegation broke into their Tribal Council groups to develop questions for the Ministers prior to their arrival. Questions are listed in "Appendix A". The question session interwove communities' experiences and issues, specific questions and direction for the health transformation process. This section describes the specific responses while the other elements are summarized it the sections above.

IMMEDIATE NEEDS

 Minister Philpott: We commit to improving services in the interim as we realize that there are serious gaps that need to be addressed <u>NOW</u>. We emphasize that the work has to happen at multiple levels and we cannot do one without the other. Minister Hoskins: We recognize that the major reason we are here today is because of those emergencies and the fact that the disparities exist and our inability to respond effectively to emergencies. We hope that through this process through the JAT and the MIRR Secretariat we can respond in a more immediate way.

LEGISLATION

- Minister Philpott responded as follows:
 - She confirmed that legislative amendment needs to be considered for a basis of recognition of First Nations control and jurisdiction and work on a basis of recognition of rights. There is currently a national working group reviewing laws and policies.
 - If legislation is a top priority coming from the Chiefs, then we can set that as our top priority for health transformation.
 - Legislation around Indigenous Child Welfare is also needed. We need to hear from you what this will look like and whether this process should combine with health.
- Minister Hoskins: Stated his full support and agreement with the vision in the Charter as allowing for the creation of a NAN health system conceived and owned by the leadership. Ontario understands that there would likely be legislation as it needs to be an imbedded system (not held hostage by one government or party).

SHARING IN THE HEALTH ECONOMY

 Minister Hoskins: This speaks to the type of discussions that need to take place – everything needs to be on the table.

PROVINCIAL CAPITAL FUNDING ON RESERVE

 Minister Hoskins: It is currently not the policy of the province to make capital investments on reserve, but we are open to it.

LONG-TERM CARE

 The MOHLTC has created a tri-partite table to look at the issue of long-term care. They anticipate that the recommendations will be complete in a matter of weeks and hope to have actions in the new year. This would involve the creation of 5,000 new longterm care beds across the province and the Indigenous population is the only group that has been specifically identified as a priority.

DATA COLLECTION

 Minister Philpott: Data and data systems are a priority and she would like to see every nursing station have electronic records in place. She will be talking to officials to action this.

CHOOSE LIFE FUNDING

 Valerie Gideon confirmed that Choose Life funding will carry over into the next fiscal year, however it is dependent on the type of funding agreement the community is in with Canada (set, block, or flex). If it is expiring in a community's agreement, their budget will be adjusted. Jordan's Principle is an ongoing initiative and First Nations and Inuit Health Branch (FNIHB) is working towards increasing First Nations control.

3.3 COMMENTS FROM ONTARIO REGIONAL CHIEF ISADORE DAY

Ontario Regional Chief Isadore Day attended Day 2 of the Summit in his role as the portfolio holder on health at the Assembly of First Nations (AFN). He expressed the support of both the AFN and Chiefs of Ontario (COO) in the health transformation process for NAN. With regards to legislation, he emphasized the requirement for a review of the Canada Health Act and the exploration of options to ensure that First Nations are recognized as a part of the relationship. He also echoed the need to consider First Nations as a part of the health economy and the opportunities to benefit from this.



4.0 NEXT STEPS

Ovide Mercredi outlined the following next steps in the transformation process:

- NAN received feedback on the Health
 Transformation Support Team and will
 continue to receive input into the addition of
 other members.
- NAN to receive further feedback on the composition of the Chiefs Council on Health Transformation to ensure it properly reflects the NAN communities.
- The Health Transformation Support Team will meet on November 24 to begin to look at the negotiation process and begin developing strategies.
- The Chiefs Council on Health Transformation will aim to meet December.
- Health Transformation Support Team and Chiefs Council on Health Transformation will develop Terms of Reference and mandate.
 - Resolutions that will outline the mandate to be presented to the Chiefs at the NAN Winter Assembly (Jan 30 – Feb 1, 2018).
- A Health Director and Health Authority meeting will be scheduled for January 29 and 30 in Thunder Bay prior to the NAN Chiefs Winter Assembly.
- NAN must determine how to align the work and mandates of the Joint Action Table, Health Transformation Support Team and Chiefs Council on Health Transformation.
- NAN must continue to emphasize the need for adequate resources at all levels during and after the transformation process.
- NAN must follow up with the request presented to the Ministers on the establishment of a Federal and Provincial Political Table for the health transformation process.

APPENDIX A - QUESTIONS TO MINISTERS

- 1. Jurisdiction We need you make a binding commitment to recognize First Nations taking a lead role in having the responsibility for governance and management of health. It must be legislated in a way that gives us control and protects our treaty right to health and guarantees rights to health for future generations.
 - Adequate funding flows to the First Nations first.
 - Individual First Nations would have the flexibility to meet their community needs. (Parliamentary budget line item).
- 2. Transformation Process must be based on our culture, protocols and principles.
 - How wholistic will this process be?
 - Health and social have a close relationship
 - Make sure parallel support initiatives and integrated in a wholistic process.
 - INAC to be on board.
 - Understanding of diversity of communities and all of our issues there can be overarching principles and standards are consistent and equitable across all areas.
- 3. We need equitable access across the nation.
- 4. Fiscal Transfer resourcing the process can't be a loan but an entitlement under the treaties.
 - In the interim we need funding and reporting flexibility.
- 5. How will you address our emergencies and immediate needs?
 - Gaps in investment in crumbling infrastructure how will you fill these gaps?
 - Full implementation of Jordan's Principle.
- 6. How will you personally ensure this process does not get bogged down in the bureaucracy?
- 7. We need the funding commitment for communities to take a lead role in the process
- 8. We need the funding commitment to build the capacity to run this system so that we aren't bringing non-Indigenous people running the system. We need to start developing it now.
- 9. Treaty and Reconciliation at the foundation of the system:
 - We need you to transform the non-First Nations system to ensure respect for indigenous healing, values. We need health reconciliation at all levels of the system.
- 10. We are demanding that the government negotiator is an Indigenous person with authority.
- 11. How will the economic spin-offs from improved service delivery benefit First Nations (e.g. profits from Ornge).

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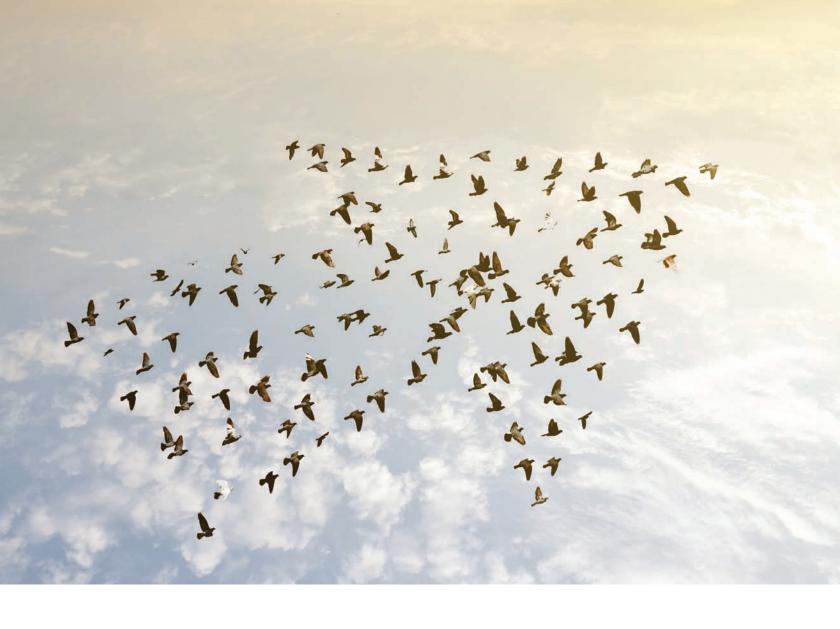
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First Nations Health Transformation

November 2017

Pre-Summit Document



The systems as they are functioning now were not designed in a way that is in the best interest of First Nations, and that's exactly what we've acknowledged by saying we need a new approach, the system needs a transformation.

- Jane Philpott, Health Minister, Canada

For the first time in Ontario's history we're talking about a complete transformation of the system to one that is under the guidance and leadership of NAN. It's First Nations planned, developed and implemented... It's a pretty profound change.

- Eric Hoskins, Health Minister, Ontario

First Nations Health Transformation

November 2017

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IT Transforming the health care system IT in NAN is a monumental undertaking, but it can be accomplished.



1.0 INTRODUCTION

1.1 PURPOSE

Health transformation means change. Nishnawbe Aski Nation (NAN) believes that transformational change is needed between First Nations, Canada, and Ontario to achieve self-governance in First Nation health systems.

Creating the next generation of health care requires new approaches, policies, systems and legislation between First Nations, Canada, and Ontario to refocus on providing supports and services that reflect the needs of our people and communities.

As a Nation, we know that transformation is the only pathway to rebuilding our inherent wellness systems, eliminating health disparities and achieving the objectives of lower costs, improved outcomes and people-centered care.

Transforming the health care system in NAN is a monumental undertaking, but it can be accomplished. Canada and Ontario have committed to transforming the system; NAN (the organization) is committed to seeing health transformation realized. For transformation to be achieved it is important for the people and communities of NAN to see themselves as a true partner in the process. That is why NAN intends to methodically engage all of the key health partners: the policy makers, the health care administrators, the health care providers and, most importantly, the patients who are the people of NAN. Meaningful community engagement whereby NAN First Nations drive the process will ensure that health transformation is built upon community voices and is truly responsive to community needs.

1.0 INTRODUCTION

1.2 WHY HEALTH TRANSFORMATION?

Losing Breath: 'She Didn't Have To Die'. !!

Laura Shewaybick had been struggling to breathe. It was a cool night in Webequie First Nation. She and her husband Norman were desperately waiting for medevac.

Norman decided she needed to go back to the nursing station. On their way, Laura fainted twice. The oxygen tank that had been alleviating some of her distress had emptied. Other tanks sat empty in the hallway of the nursing station, operated by Health Canada.

"Why is this happening?" her aunt pleaded after being told there was no more oxygen.

Paramedics arrived 15 minutes later. Laura was flown to Thunder Bay. She was sedated and remained unconscious for the first two days in the intensive care unit (ICU). She spent a few weeks there until she was transferred out of the ICU.

With the move, the quality of her care dropped dramatically. Norman quietly sat beside his wife's bed as the nurse pushed the monitor near his face and told him, "There's nothing wrong with her."

Laura stood up then and collapsed into her husband's arms.

"I watched her run, that nurse, watched her use her little radio: 'Code blue! Code blue! Code blue!""

Then everybody showed up, he recounted with a grimace. "They tried to revive her."

"I lost my wife," he said. "She wasn't supposed to die. She fought hard to stay alive."

In memory of Laura Shewaybick, Webequie First Nation

46 I Am A Change Maker. **11**

My grandfather told me 'There's going to be a day, a time, we must make a statement about who we really are. And there'll be a time when you will be pushed too far. You'll know who you are.'

"I am change maker."

After losing his wife, Norman believes his role is to help improve the quality of health care delivered to First Nation communities. He doesn't want anyone else to experience what he did.

"Look at our reserves. There are mould problems – that's a big health problem. Look at the Elders losing their loved ones, their wives or their husbands. I know that feeling. It's like half of yourself is gone."

Norman said First Nation community members shouldn't have to leave their homes to access health care, such as those who are forced to move away for dialysis treatment.

"It's the system that's got to change," he said.

In honour of Norman Shewaybick, Webequie First Nation

Is That Too Much To Hope For? !!

These issues have been studied for years, and government decisions about what is best for Mushkegowuk People are simply not working. The gap in services is wider, and more harm is being done than good.

As Provincial Minister of Health Dr. Eric Hoskins puts it 'we have failed you. We have failed the north. We have always know this all along and for too long. The current policies and legislation have marginalized First Nations.

Program after program have been studied. Process after process to study a particular department has on for far to long. We have read research after research of the demographics. By putting aside the real tangible solutions, we are taking a very high risk if status quo is the only option.

Government decisions on what's best for Mushkegowuk Ininiwuk is not working. Instead, the gap in services is getting wider and wider and doing mare harm than good.

Now is the time to roll up our sleeves and put aside political stripes. We must begin moving the yardsticks forward. We must begin a plan that is sustainable and viable. We must approach this crisis as Nation-to-Nation.

I have been overwhelmed by the outpouring of support from people across Canada and around the world who are saddened by the situation of the Mushkegowuk Ininiwuk.

They expect this government to step up to the plate and work with us. They want my people to live with hope and certainty without despair and hopelessness. They want my people to have optimism. They want my people to thrive.

Is that too much to hope for?

- Jonathan Solomon, Grand Chief of Mushkegowuk Council, from presentation to the Standing Committee on Aboriginal Affairs and Northern Development, April 14, 2016.

11 The System Failed My Son. **!!**

Brody Meekis and his siblings came home from school in Sandy Lake First Nation with fevers and sore throats. Their father took the children to the nursing station and the nurse advised him to give the boys Tylenol and to rub their chests with Vicks VapoRub.

While the siblings slowly returned to health, Brody did not and his health continued to worsen. His father attempted to take him back to the nursing station for a follow-up but was told there were no available appointments for at least a week.

A few days later Body woke up early because he was feeling very sick. His father immediately called for a medical vehicle to take him straight to the nursing station.

Five-year-old Brody Meekis later died of strep throat - a common bacterial infection that is easily cured with antibiotics when properly diagnosed.

"I just remember being so angry, I was just in shock," said his mother.

Many things went wrong in the treatment of Brody Meekis, many of them related to a shortage of medical resources in the remote community. Brody wasn't the only First Nations child to die in the past few years of strep.

In memory of Brody Meekis, Sandy Lake First Nation.



1.0 INTRODUCTION

1.3 WE ARE IN CRISIS

The First Nation health care system is in everlasting crisis. The NAN Chiefs declared a health and public health emergency for First Nations across NAN territory on February 24, 2016 in Toronto.

"The chronic failure of the health care system for First Nations across NAN territory has left our communities in a state of crisis," Grand Chief Fiddler said.

"Children are dying and lives are at risk. The fact that many First Nations still lack access to even the most basic health services is nothing short of a national tragedy. The many urgent and long-standing health issues that plague our communities are well-documented and the time for action is now. We are calling on all levels of government to commit to a plan of action to begin to address this crisis," continued Grand Chief Fiddler.

Many reports have highlighted the inadequacies of health care delivery by the federal government to NAN First Nation communities. Clearly, the First Nation health system is not producing desired health outcomes.

Immediate action needs to be taken to identify, redesign and measure health system processes used to address First Nation health disparities, otherwise our crisis will continue. What is lacking is the collaboration across health partners — First Nation communities, medical organizations, health quality councils, government and others to align with our priorities.

There needs to be agreement on the root causes of health care gaps, the solutions that will address the root causes for the long-term, and the ways to implement these solutions collaboratively with approaches and systems that are First Nation led.

By aligning our partners to work collaboratively with our leaders and citizens, we can create the environment required for transformation and positive change.

We need to honour and incorporate our distinct ways of knowing and our unique experiences in order to build a health system that works for our people.



We're not asking for more than what the normal Canadian gets for health care... we're losing people needlessly.

- Bart Meekis, Chief Of Sandy Lake

The old system is not working... for our young ones, for the Elders, for the adult population in terms of accessing quality care based on their needs.

- Norman Shewaybick, Webequie First Nation



2.0 RECOMMENDATIONS

MADE TO STANDING COMMITTEE ON ABORIGINAL AFFAIRS & NORTHERN DEVELOPMENT – APRIL 2016

- 1. Health Canada and NAN jointly develop a course of action to fully implement the recommendations made by The Auditor General of Canada outlined in the 2015 Spring Report Access to Health Services for Remote First Nations Communities. This work will consider the relationship to any process arising from the NAN and Health Canada and MOHLTC Ministers meeting on March 31, 2016.
- 3. The Minister of Indian Affairs Canada participates along with NAN and Health Canada in an ongoing political oversight body to the process as proposed by NAN at the March 31, 2016 meeting. It is imperative that INAC be part of this process as water and housing situations in the NAN communities are detrimental to the health of our people.
- 2. Health Canada to acknowledge that the present policies, service delivery and funding models are failing First Nations. The Auditor General of Canada supports that Health Canada does not consider the health needs of the community. An overall health system transformation is required. As per the March 31, 2016 meeting, Health Canada and MOHLTC must work collaboratively with NAN on a long term process towards solutions beginning with urgent priorities that need expedient solutions, intermediate and long term health and infrastructure needs in a framework to be designed and implemented across NAN and various First Nation health organizations within NAN territory. This collaborative framework will include a health transformation system component and will consider models envisioned by Weeneebayko Area Health Authority, Sioux Lookout First Nations Health Authority and other First Nation health entities.



3.0 COMMUNITY CHALLENGES

TRAUMA AND SUICIDE

The legacy of Residential Schools and intergenerational trauma has resulted in devastating rates of suicide. Since 1986, there have been over 500 suicides across NAN territory. Few communities have access to mental health services.

OPIOID ADDICTION

Prescription drug abuse is rampant and First Nations are unequipped to deal with the epidemic of opioid addiction. Injection drug use is alarmingly high and has led to increasing rates of Hepatitis C. Resources are minimal and communities have to scramble to fund addictions counsellors and opioid substitution programs. Rates of addiction have been as high as 80% of the population in some communities with users as young as 11 years old.

CHRONIC DISEASE COMPLICATIONS

Complications related to chronic diseases like diabetes have taken a significant toll on our communities. Our communities have the highest amputation rate in Ontario due to diabetes complications.

CHILD DEVELOPMENTAL SERVICES

There are significant gaps in child developmental services. Families face many barriers in accessing screening for hearing, vision and multidisciplinary assessments for conditions such as FASD. Once diagnosed, it is difficult to access treatment. Jordan's Principle has been narrowly applied by the government. Barriers still exist for children who require services.

INFRASTRUCTURE AND MEDICAL SUPPLIES

Many First Nations lack the necessary infrastructure to support the delivery of health services. In addition to buildings, many communities lack basic diagnostic equipment and x-ray machines remain in disrepair for years. Basic medications are sometimes not stocked leading to complications or death, as has been the case with a few children.

HUMAN RESOURCES

Despite the complex needs in the communities, community-based workers and health staff are unsupported and lack basic training and resources. As a result, turnover is high and workers struggle with wage parity issues.

SERVICE DELIVERY GAPS

Jurisdictional barriers and gaps in service delivery lead to untreated illnesses, injuries and avoidable deaths. Two young children died tragically in 2014 from cases of rheumatic fever that went undetected by community primary care providers. Considered a third world disease, rheumatic fever is still present in many First Nations due to poor living conditions, overcrowding and lack of sanitization.

CULTURAL SAFETY

Colonization has resulted in ongoing and entrenched racism in policy and treatment against First Nation people and is manifested in hospitals by staff. Racist ideologies continue to significantly affect the health and wellbeing of First Nation people.

4.1 DEFINITION OF HEALTH TRANSFORMATION

Health transformation is defined as a broad-ranging initiative to modernize and improve our health care system. Key themes necessary for health care transformation (as identified by the Canadian Medical Association & the Canadian Nurses Association) are: health promotion, effective management of illnesses, focus on quality outcomes and accountability to patients.

4.2 WHAT IS GOING TO BE DONE DIFFERENTLY?

ALIGNMENT

Alignment is defined as high-quality services that are designed and organized to match the needs of the patient/client. When alignment is achieved services will be more convenient, accessible and better coordinated. Each patient's individual health care needs will be aligned with the most appropriate health care providers in their community.

The *Alignment Process* which will be led by NAN First Nations is designed to create and enhance alignment at three levels. This will create a shared vision of the root problems, solutions and implementation strategies. To carry-out the *Alignment Process* capacity must be built within all three levels.

- 1. Within NAN First Nation communities
- 2. Between First Nation health care partners
- 3. Between NAN First Nations and non-First Nation health care partners

The *Alignment Process* is completed through meaningful engagement at each level. Engagement is the ongoing participation between collaborators to understand each-others point-of-view. Moving together requires an ongoing and dynamic understanding of each other. We will always recognize that the key perspective is the focus of the community

THE NAN APPROACH CALLS FOR:

Northern First Nation organizations to support community-led transformation of the health system in NAN Territory, including:

- The Charter of Relationship Principles and what it means for health system transformation;
- The priorities and role of the Joint Action Table regarding health system transformation;
- The NAN Health Transformation Work Plan and community engagement.

CHANGE THEMES

Several critical themes have been identified that need to be addressed:

- Community needs are not being prioritized and problems are not being defined from a community perspective. Communities are forced to choose one or two solutions as part of a program instead of solutions that will address the root cause of problems. The power to choose solutions does not currently reside within the community.
- The narrow range of solutions selected through the current processes are not working and health outcomes are not tracked.
- Outcomes are defined by the program and not by the community so evaluations seldom identify the disconnect between what is being done and the outcomes needed to change root causes. Program "successes" are based on program compliance, not how the program positively impacts health outcomes of people in communities.
- There is no data to show that we are addressing the right problems, using the right solutions or have any improvement in health outcomes.

A First Nation-led transformation of health systems would ensure that these critical elements would be handled differently.

4.3 THE JOURNEY TO HEALTH TRANSFORMATION

Health is the foundation for healthy individuals, families and communities. Our communities are in crisis and there needs to be a different approach to confront it.

First Nation health transformation will be achieved at the community and regional levels.

First Nation health also has transformation challenges in safety, quality improvement, and patient-centered care. Today, we do not have clear strategies for these transformations in First Nation Health.

Nishnawbe Aski Nation can begin to transform through an *Alignment Process*.

THE ALIGNMENT PROCESS: 9 STEPS

- 1. Mapping Health Care Partners
- 2. Assessing Value of Each Health Care Partner
- 3. Establishing a Comprehensive Accord
- 4. Gap Analysis
- 5. Third-Party Validation
- 6. Creating A Business Plan
- 7. Outlining Underlying Fundamentals
- 8. Plan Implementation
- 9. Exit Strategy

COLLABORATION

Health transformation is achieved through the *Alignment Process*. Health is a complex decision-making enterprise with specific roles for decision-makers and influencers; patients, funders, clinicians, administrators, and academics. When there is no alignment, root causes go unaddressed.

The *Alignment Process* supports strengths and remediates weaknesses. It is suggested that the following strengths of the existing First Nation health system be respected by:

- Supporting First Nation Regional organizations, Tribal Councils, and communities in defining the problems, solutions and implementation strategies to create alignment towards a safer, higher quality and patient-centered First Nation health system; First Nation communities must be recognized as the owners of the First Nation health system.
- Recognizing this is a negotiated way forward to First Nation health transformation with decision-makers and influencers supporting similar revolutions in safety, quality improvement and patient-centered care/ culturally-safe care.
- Ensuring that health equity is a driving principle of this initiative; there are far too many needless deaths in our communities, late diagnosis of disease and late treatment of illness.

- Ensuring collaboration is a driving principle of this initiative; working together within, between and outside of our Territories is necessary for health transformation.
- Committing that negotiated funding is new funding and not reallocated from currently funded health transfer delivery programming.
- Viewing this transformation process as supportive and not competitive; health transformation is about enhancing existing services to become safer, higher quality and patient-centered at all levels within First Nation health systems.
- Acknowledging that First Nation health includes both wellness and disease intervention; prevention, traditional healing, community wellbeing and common disease interventions are equally valued and utilized as directed by First Nation communities, families and patients.

4.4 TIMELINE OF HEALTH TRANSFORMATION OF NAN, MANITOBA KEEWATINOWI OKIMAKAAAK, FEDERATION OF SOVERIEGN INDIGINOUS NATIONS (COLLABORATIVELY CALLED INDIGENOUS HEALTH ALLIANCE OR IHA)

JUNE 28, 2016

Formal letter sent from the Indigenous Health Alliance, requesting a meeting with Ministers Bennett and Philpott to discuss health transformation.

JULY 12, 2016

Letter sent to Minister Bennett from Health careCAN, the national voice of health care organizations and hospitals across Canada to support the Indigenous Health Alliance.

JULY 13, 2016

Meeting with Minister Bennett to discuss health transformation at the AFN Summer Assembly in Niagara Falls.

OCTOBER 7, 2016

The Indigenous Health Alliance submits its proposal for health transformation to Ministers of Health and Indigenous Affairs.

NOVEMBER 4, 2016

Letter from the FSIN Senate expressing its displeasure of having almost a billion dollars of INAC monies returned to the Federal Government Treasury unspent. Mention that the health transformation process remains unfunded.

DECEMBER 8, 2016

Motion to support health transformation is passed at the AFN Winter Assembly.

JANUARY 18, 2017

In light of the youth suicides, a letter is sent to PM Trudeau emphasizing the need to fund the health transformation proposal.

FEBRUARY 6, 2017

Meeting with multiple Federal departments, chaired by Sony Perron, ADM Health Canada. The health transformation proposal was presented and discussed.

FEBRUARY 7, 2017

Meeting with Ministers Philpott and Bennett to discuss the Indigenous Health Alliance *Alignment Process*.

FEBRUARY 9, 2017

Meeting with Minister Hoskins to discuss the *Alignment Process* and hand-deliver health transformation proposal.

FEBRUARY 15, 2017

Follow-up phone call with ADM of Health Canada Sony Perron regarding 6/7 meetings.

• FEBRUARY 16, 2017

Testimony to the Standing Committee on Indigenous and Northern Affairs by Dr. Alika Lafontaine for the study "Suicide Among Indigenous Peoples and Communities." The IHA Proposal for Health Transformation is formally submitted as evidence to the Committee.

MARCH 13, 2017

Response from Minister Bennett regarding the February meetings with government, copied to several Ministers and the Prime Minister's Office.

MARCH 22, 2017

Budget 2017 is released with no health transformation funding.

APRIL 13, 2017

Follow-up call with ADM of Health Canada Sony Perron regarding lack of funding for health transformation in 2017 Budget.

MAY 5, 2017

Letter from the Minister of Health requesting a meeting with the Indigenous Health Alliance.

JUNE 6, 2017

The Indigenous Health Alliance begins circulating a one-page summary of their project proposal.

JULY 24, 2017

Ontario, Canada, and NAN signed the Charter of Relationship Principles Governing Health System Transformation in the NAN territory.

5.0 JOINT ACTION TABLE PROCESS

On July 24, 2017, NAN, Ontario and Canada signed the Charter of Relationship Principles Governing Health System Transformation in NAN Territory ("The Charter of Relationship Principles") which expresses the political commitments of the Parties to develop and sustain a renewed relationship to transform the existing health system in NAN territory. This will result in a new, responsive and system-wide approach to health for NAN territory.

This system-wide change will see First Nations have:

- Equitable access to quality care delivered within their community and in NAN territory that will include holistic models of care, focusing on wellness planning, population health and health determinants.
- The system will be patient centred, responsive to community and patients' voices, and ensure that health care providers funded by federal or provincial governments would have the skills required to provide responsive, effective and culturally safe care.
- Communities will be engaged at all levels using the Alignment Process to ensure that voices are heard and incorporated into community-based programming.

- The Alignment Process will bring decisionmakers together to move health transformation forward in a deliberate, planned and measurable way.
- In addition to achieving transformation through alignment, the process will ensure the development of capacities within NAN communities and within NAN including: advocacy and relationship building, mapping priorities and project management.

5.1 THE SUBMISSION

On February 9, 2017, NAN submitted a 5-year submission to Minister Hoskins, Ministry of Long Term Care and Minister Philpott, Ministry of Health. The strategy draws on First Nation capacity for measured and data driven safe, quality improvement and patient-centered care. The engagement, alignment and collaboration process is capacity-building for First Nation communities to be their own leaders in safety, quality improvement and patient-centered care; with communities choosing strategies informed and aligned with non-First Nation health partners that have been successful in mainstream health transformation towards a safer, higher quality, patient-centered health system.

The objectives are to create an implementation strategy that will provide:

- A safe health system utilizing processes that monitor patient safety and is accessible;
- A culture of quality improvement that is data drive and;
- A patient-centered health care for First Nation communities, families and patients that is culturally safe.

6.0 HISTORICAL BACKGROUND

Health Canada's role in First Nations and Inuit Health began in 1945, when Indian Health Services were transferred from Indian Affairs. In 1962, Health Canada began to provide direct health services to First Nations people on-reserve and Inuit in the north.

By the mid -1980s, work began to have First Nation and Inuit communities control more health services. NAN First Nations self-governance over health services can build successfully on previous experience in managing health transfer agreements and navigating the Federal and Provincial health systems. This project will not interrupt the work of implementing health transfer agreements.

The health system for First Nations in northern Ontario has been in crisis for decades. The consequences of these health effects are well-documented in several reports with recommendations for action, including:

- The United Nations Special Rapporteur on the Rights of First Nation Peoples confirmed there is a health crisis affecting First Nation people in Canada and that significant improvements in funding and policy change are desperately needed.
- The Final Report of the Truth and Reconciliation Commission calls for Canadians and governments to play a role in healing and reconciliation in order to close the gaps in the quality of life between First Nations and other Canadians.
- The Auditor General of Canada Spring 2015
 Report found that First Nations living in remote
 communities in northern Ontario and northern
 Manitoba did not have comparable access to
 clinical and client care services as other provincial
 residents living in similar geographic locations.
 It was also concluded that Health Canada had
 not assessed whether each nursing station was
 capable of providing essential health services and
 also that Health Canada did not take into account
 community health needs when allocating its
 support.

- NAN and Manitoba Keewatinowi Okimakanak urged the federal Health Minister to engage with First Nations on a course of action to address the issues identified in the Auditor General's report but no serious commitment has been received.
- In September 2015, SLFNHA Chiefs passed a Resolution calling for a declaration of a public health emergency. In January 2016, the NAN Chiefs-in-Assembly passed a similar Resolution.

By taking ownership over the design and control of health services through new health systems and processes, regions can achieve greater impact against the health problems that have plagued community members, and put in place health systems specifically designed to meet members' needs if given the proper resources and flexibility.

Documentation is being gathered to continually provide the context and background for discussions, both with the Federal Departments (the Prime Minister's Office, Health Canada and INAC), the Health Treaty Table Working Group, the Treaty Caucus Groups and Provincial government. Health transformation is a necessary step to transitioning from what is currently being done to what needs to be done.

SOCIAL DETERMINANTS

EFFECTS OF LEVELS OF EDUCATION ON HEALTH AND WELLBEING IN NAN

Within NAN First Nations, a major barrier to employment and adequate wages is level of education. Lower levels of federal education funding for NAN children, compared to mainstream levels has created challenges for the communities in the delivery of the same standard levels of education. The resulting low levels of income and education have a compounding effect on the health of a community. In order to further educational aspirations, many youth in NAN are

6.0 HISTORICAL BACKGROUND

forced to disconnect from their familiar surroundings of family, friends, home and community and find themselves displaced and alienated within an urban setting for which they are not prepared. A large proportion of First Nation youth (23.4%) aspired to complete high school while just over 10% of First Nation youth wanted to complete graduate or professional degrees (First Nations Information Governance Centre, Preliminary report of RHS Phase 2, 2011).

Alienation is made even more apparent where English is a second language to First Nation youth; over 20% of First Nation youth use a First Nation language most of the time in their daily lives, and more than half can understand or speak a First Nation language. In addition, practicing traditional knowledge and values is not recognized nor encouraged by non-Aboriginal dominant society. Health Canada's May 2010 report Acting on What We Know: Preventing Youth Suicides in First Nations – the report of the advisory group on suicide prevention maintains that any breakdown in the transfer of cultural knowledge and traditions appears to contribute substantially to widespread demoralization and hopelessness of First Nation youth. While in pursuit of post-secondary education, students have lost their lives in city centres as demonstrated by the current Inquiry into the seven youth that lost their lives while attending high school in Thunder Bay.

HOUSING

The current housing situation in many NAN communities is unacceptable and has reached an acute level. The situation is not uniform in all NAN communities; rather a continuum of social deprivation and poverty exists. Currently, there are 29,805 people living on reserve in the NAN Territory with a present housing stock of 6,226 residential homes. NAN housing is at an immediate critical level requiring 5000+ units. The population is growing rapidly in every community and the backlog of required housing units is far beyond attainable under current policies.

Overcrowding, space and land requirements including inadequate infrastructure, and inadequate funding are all conditions that lead to high rates of chronic illness, high rates of suicide, and in general numerous issues dealing with health and safety.

DRINKING WATER

As of June 30, 2017, there are 35 Drinking Water Advisories in effect in 23 NAN First Nations, according to Health Canada First Nations and Inuit Health. There is also one Do Not Consume Advisory. According to a 2006 protocol designed to ensure safe drinking water for First Nations, it is the responsibility of INAC to provide funding to adequately maintain and operate water facilities. Pikangikum had a water distribution system built in 1995 and only 5% of the community's 387 households are connected. The situation requires many residents to travel to the water station every day to pick up water. Those who are unable to travel to the water station are often left to consume untreated water from the lake, which exposes them to a number of potential health risks. After their inspection of Pikangikum's water and sewage situation in 2005, the Northwestern Health Unit recommended immediate action by the appropriate government agencies to ensure that all residents of Pikangikum had access of to clean water in their home, at no expense to residents.

The lack of a proper water distribution system in the community does not meet the need of fire suppression measures and therefore cannot offer protection for the community members.

6.0 HISTORICAL BACKGROUND

CANADA HEALTH POLICY BARRIERS AND CHALLENGES

More than half of NAN First Nations are remote, only accessible by air year round, creating unique challenges that affect accessibility to health services, infrastructure materials and affordable healthy food contributing to overall health disparities. Health Canada's Non-Insured Health Benefit (NIHB) Medical Transportation Program has caused significant barriers to the access of quality health care through significant numbers of denials for travel for patients to their medical appointments in southern centers. NIHB clerks routinely deny and overrule physician referrals and a double standard exists in terms of how this program is delivered in comparison with the mainstream Northern Travel Grant Program that assists northern patients' travel costs. While there is presently a national NIHB program review, it is much too early for NAN to identify any benefits but past participation in other national reviews have demonstrated that NAN's recommendations are not identified in the final reports.

PRIMARY CARE AND NURSING STATIONS IN THE FIRST NATIONS

The Auditor General of Canada's Spring 2015 report found that nursing stations did not have the capacity to deliver essential services in First Nations, that nurses were not properly trained, and that they operated beyond their legislated scope of service. Nursing stations are often not properly equipped or stocked even with basic medications. These circumstances have led to deaths within the remote NAN Communities, one from a treatable infection and another due to lowered levels of oxygen. Waiting lists are long to see physicians that come only for several days each month at best, resulting in many people not being admitted and/or treated. A significant transformation is required in the way Health Canada operates and funds nursing and physician services, and stocks medical supplies and equipment.





DECLARATION OF A HEALTH AND PUBLIC HEALTH EMERGENCY IN NISHNAWBE ASKI NATION (NAN) TERRITORY and THE SIOUX LOOKOUT REGION CODE BLUE

ORDER

WE

The Sioux Lookout Area Chiefs Committee on Health (CCOH) and Nishnawbe Aski Nation (NAN),

In accordance with the following directives:

Sioux Lookout First Nations Health Authority Chiefs Resolution #15-23 *Call for Declaration of Public Health Emergency.*

Nishnawbe Aski Nation Chiefs Resolution #16-04 Call for Declaration of Public Health Emergency.

Hereby declare

That effective, this 24th day of February 2016, the remote First Nation Communities in northern Ontario and the broader NAN Territory are in a state of Health and Public Health Emergency.

There are needless deaths and suffering caused by profoundly poor determinants of health. The people have experienced poor health outcomes and a substandard state of health and well-being as a result of inadequate medical diagnosis and treatment of preventable diseases, including:

- Diabetes
- Hepatitis C
- Rheumatic fever and
- Invasive bacterial diseases (group A strep and methicillin resistant staphylococcus aureus (MRSA))

Communities suffer multigenerational trauma from residential schools, social conditions including the suicide epidemic and high rates of prescription drug abuse.

Health Canada has failed to adequately respond to the Spring 2015 Auditor General's Report on Access to Health Services for Remote First Nation Communities.

People continually encounter the effects of federal and provincial jurisdictional squabbling leading to inequitable access to health care. The First Nations people experience a level of health care that would be intolerable to the mainstream population of Ontario.





ORDER: It is hereby ordered that provincial and federal governments commence prompt and sustained action, with immediate, intermediate and long term strategies. The Chiefs order immediate actions to be completed in the next 90 days to include, but not limited to, the following:

- a) Meet with provincial and federal Health Ministers to commence an investment and intervention plan on an urgent basis.
- b) Indigenous and Northern Affairs Canada to provide detailed plans and timelines indicating how First Nations communities will be provided with safe, clean and reliable drinking water.
- c) Health Canada to provide detailed plans and timelines on how they will follow all the recommendations in the Spring 2015 Auditor General Report including:
 - a. addressing deficiencies in the Health Canada nursing stations infrastructure,
 - b. ensuring all necessary supplies and equipment are available,
 - c. ensuring that Health Canada nursing stations are capable of providing Health Canada's essential health services,
 - d. ensuring that allocation of resources is based on community needs.
- d) Federal and provincial governments to conduct an assessment of health system deficiencies and associated health liabilities.
- e) Ministry of Health and Long Term Care (MOHLTC) to approve the proposal for a Long Term Care facility for the Sioux Lookout Region and that all existing beds at the Sioux Lookout Meno Ya Win Health Centre are in operation.
- f) The governments shall comply with Jordan's Principle and that all children receive the health and developmental services that they require. This shall include the provision of specialists in the communities to conduct community-wide assessments and referrals.
- g) Provincial and Federal governments to commit resources for the development of long term strategies to crisis situations including suicide prevention, mental health services, counselling, addiction treatment and after care.
- h) Provincial and Federal governments to commit to and support SLFNHA's Approaches to Community Wellbeing (public health) model to address health inequity, determinants of health and prevention of infectious and chronic diseases.
- i) Address the discriminatory and unethical policies and practices under Non Insured Health Benefits.

NEW GOVERNMENT TO GOVERNMENT RELATIONSHIP

We recognize that there are processes in place to address various aspects of health care; however, the urgency of the critical situation requires an immediate, stronger response and acceptable commitment. The Anishinabe Health Care System must be transformed to prevent further harm or damage to the safety, health and wellbeing of First Nations people.

Date: February 24, 2016

Grand Chief Alvin Fiddler Nishnawbe Aski Nation

Ontario Regional Chief Isadore Day Chiefs of Ontario ์ Graท์ชี Chief Jonothan Solomon Mushkegowuk Council

Chief Clifford Bull Lac Seul First Nation

100 Back Street, Unit 200 Thunder Bay, ON P7J 1L2 Tel: (807) 623-8228 Fax: (807) 623-7730

RESOLUTION: 16/04 CALL FOR DECLARATION OF PUBLIC HEALTH EMERGENCY

WHEREAS the United Nations Special Rapporteur on the Rights of Indigenous Peoples declared there is a health crisis affecting Indigenous peoples in Canada and that significant improvements in funding and policy change are desperately needed;

WHEREAS Health Canada and many researchers have documented that Indigenous Peoples in Canada face extremely high rates of suicide, mental illness, opiate and other addictions, increasing rates of chronic illnesses such as Type 2 diabetes and other conditions, and high incidence of infectious diseases;

WHEREAS in April 2015 the Auditor General of Canada reported on the state of health care in the remote northern communities of Northwestern Ontario and Manitoba and found deficiencies in facilities, access to training for healthcare workers, and other problems;

WHEREAS the Auditor General also noted that "Health Canada did not have reasonable assurance that eligible First Nations individuals living in remote communities in Manitoba and Ontario had access to clinical and client care services and medical transportation benefits," which leads to untreated illnesses and injuries, as well as avoidable deaths;

WHEREAS Indian and Northern Affairs Canada (INAC) has a fiduciary responsibility for First Nations people living on-reserve;

THEREFORE BE IT RESOLVED that Nishnawbe Aski Nation (NAN) Chiefs-in-Assembly call on the Office of the Chief Public Health Officer of Canada to declare a public health emergency for First Nations across NAN territory;

FURTHER BE IT RESOLVED that the NAN Executive Council is directed to work with INAC to create an implementation plan to address the recommendations from the Auditor General's 2014 report on health in First Nation communities;

FURTHER BE IT RESOLVED that Chiefs-in-Assembly also call on the Chief Public Health Officer of Canada to establish a new agency with a clear mandate to address the health gap between Indigenous people and their fellow Canadian citizens, and that this agency will work on the following:

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- 1. increasing access to critical care on-reserve including physician services, nurse practitioners, and other health care providers;
- 2. ensuring that basic acute care equipment is available in all nursing stations;
- 3. ensuring that staff have adequate opportunity for training in all necessary health care skills:
- 4. ensuring the provision of childhood developmental services in the remote communities;
- 5. enhancing youth mental health services;
- 6. supporting improvements in both acute care and chronic disease management;
- 7. reforming all aspects of the Non-Insured Health Benefits program, including medical transportation;
- 8. obtaining quality drug and other health products, as opposed to generic brands;
- 9. vastly improving and maintaining community health care facilities and equipment;
- 10. preventing negligence and addressing malpractice experienced by First Nation patients, and securing independent legal advice to deal with claims; and,
- 11. improving the social determinants of health;

FURTHER BE IT RESOLVED that INAC should be involved in the declaration of a public health emergency and should work with the new agency to improve the health status of First Nations communities;

FINALLY BE IT RESOLVED that the implementation of the directives of this Resolution will be overseen by the Executive Council, the NAN Chiefs Committee on Health and the NAN Health Advisory Group, and an update will be provided at the next Chiefs Assembly.

DATED AT THUNDER BAY, ONTARIO THIS 21st DAY OF JANUARY 2016.

MOVED BY: Proxy Sol Mamakwa

Kingfisher Lake First Nation

SECONDED BY: Chief Wayne Moonias

Neskantaga First Nation

CARRIED

Grand Chief Alvin Fiddler

Deputy Grand Chief



SIOUX LOOKOUT FIRST NATIONS HEALTH AUTHORITY

Resolution #15-23

CALL FOR DECLARATION OF PUBLIC HEALTH EMERGENCY

WHEREAS, the United Nations Special Rapporteur on the Rights of Indigenous Peoples declared there is a health crisis affecting Indigenous peoples in Canada and that significant improvements in funding and policy change are desperately needed; and

WHEREAS, Health Canada and many researchers have documented Indigenous people in Canada face extremely high rates of suicide, mental illness, addictions, increasing rates of chronic illnesses such as Type 2 diabetes and other conditions, and high incidence of infectious diseases; and

WHEREAS, in April 2015, the Auditor General of Canada reported on the state of health care in the remote northern communities of Northwestern Ontario and Manitoba and found deficiencies in facilities, access to training for healthcare workers, and other problems; and

WHEREAS, the Auditor General of Canada also noted that "Health Canada did not have reasonable assurance that eligible First Nations individuals living in remote communities in Manitoba and Ontario had access to clinical and client care services and medical transportation benefits," which leads to untreated illnesses and injuries, as well as avoidable deaths; and

WHEREAS, Aboriginal Affairs and Northern Development Canada (AANDC) has a fiduciary responsibility for First Nations people living on reserve;

THEREFORE BE IT RESOLVED THAT, the Chiefs in Assembly call on the Office of the Chief Public Health Officer of Canada to declare a public health emergency for First Nations in the Sioux Lookout area.

BE IT FURTHER RESOLVED THAT, the Chiefs in Assembly also call on the Chief Public Health Officer of Canada to establish a new agency with a clear mandate to address the health gap between Indigenous people and their fellow Canadian citizens and that this agency will work on the following:

- 1. Increasing access to critical care on-reserve including physician services, nurse practitioners, and other health care providers
- 2. Ensuring that basic acute care equipment are available in all nursing stations

- 3. Ensuring that staff have adequate opportunity for training in all necessary health care skills
- 4. Ensuring the provision of childhood developmental services in the remote communities
- 5. Enhancing youth mental health services
- 6. Supporting improvements in both acute care and chronic disease management
- 7. Reforming the Non-Insured Health Benefits program
- 8. Vastly improving and maintaining community health care facilities and equipment

BE IT FINALLY RESOLVED THAT, AANDC should be involved in the declaration of a public health emergency and should work with this new agency to improve the health status of First Nations communities.

Dated this 17th day of September 2015 in Lac Seul First Nation, Ontario.

Moved by:

Chief Elizabeth Atlookan, Eabametoong First Nation

Seconded by:

Chief Connie Gray-Mckay, Mishkeegogamang First Nation

Decision:

CARRIED

Signature of Meeting Chair:

Wally McKay, Meeting Chair



RESOLUTION 17/21: CHARTER OF RELATIONSHIP PRINCIPLES GOVERNING HEALTH SYSTEM TRANSFORMATION IN NAN TERRITORY

WHEREAS the primary foundational relationship on health services and health jurisdiction is between First Nations and the Crown in right of Canada based on Treaties No. 5 and No. 9;

WHEREAS in January 2016, Nishnawbe Aski Nation (NAN) Chiefs-in-Assembly passed Resolution 16/04: *Call for Declaration of Public Health Emergency* due to the deplorable state of health in NAN territory;

WHEREAS on February 24, 2016, NAN and the Sioux Lookout Area Chiefs Committee on Health declared a State of Health and Public Health Emergency for First Nations in the Sioux Lookout area and across NAN territory;

WHEREAS following the Declaration, a meeting was held on March 31, 2016, between First Nations leadership and other parties, and it was agreed to continue with an ongoing relationship to develop and oversee transformative change in Indigenous health with a focus on NAN communities;

WHEREAS the parties agreed to establish a process, monitored by a senior-level committee comprised of NAN leadership and senior Associate Deputy Ministers from Health Canada and the Ministry of Health and Long-Term Care, that would work on a long-term process to work towards solutions that will consider urgent, intermediate and long-term needs;

WHEREAS NAN Resolution 16/44: Exploration of Health System Transformation Models and Processes mandated the NAN Executive Council, in consultation with the Tribal Health Directors, Sioux Lookout First Nations Health Authority, Matawa Health Cooperative Initiative and Weeneebayko Area Health Authority, to explore and consider health system transformation models;

WHEREAS all the parties, NAN, Health Canada and the Ministry of Health and Long-Term Care, have jointly agreed to work together to address the State of Health and Public Health Emergency for First Nations in the Sioux Lookout area and across NAN territory;

WHEREAS the implementation of this Resolution shall include the consideration of different health service funding models that emphasize direct funding to the communities, subject to approval by Chiefs-in-Assembly;

THEREFORE BE IT RESOLVED that Chiefs-in-Assembly mandate the Executive Council to sign the Charter of Relationship Principles Governing Health System Transformation in the NAN territory agreement, together with an incorporated Terms of Reference;

RESOLUTION 17/21: CHARTER OF RELATIONSHIP PRINCIPLES GOVERNING HEALTH SYSTEM TRANSFORMATION IN NAN TERRITORY

FURTHER BE IT RESOLVED that Chiefs-in-Assembly direct the Executive Council to convene a Chiefs Working Group to guide the principles governing Health System Transformation in NAN to ensure equitable access to quality care delivered within their community and in NAN territory including, but not limited to:

- 1. strategic planning and work plan development;
- 2. a process for the distribution of new resources;
- 3. an implementation plan;

FURTHER BE IT RESOLVED that Chiefs-in-Assembly direct the Chiefs Working Group and the Executive Council to report back to Chiefs-in-Assembly during the 2017 Keewaywin Conference;

FINALLY BE IT RESOLVED that this Resolution is without prejudice to independent and other NAN First Nation health processes with Canada and/or Ontario.

DATED AT THUNDER BAY, ONTARIO, THIS 28TH DAY OF FEBRUARY 2017.

MOVED BY: Chief Dinah Kanate, North Caribou Lake First Nation

SECONDED BY: Chief Connie Gray-McKay, Mishkeegogamang First Nation

DECISION: CARRIED

Grand Chief Alvin Fiddler

Deputy Grand Chief

6.0 HISTORICAL BACKGROUND CHARTER OF RELATIONSHIP PRINCIPLES



CHARTER OF RELATIONSHIP PRINCIPLES GOVERNING HEALTH SYSTEM TRANSFORMATION IN THE NISHNAWBE ASKI NATION (NAN) TERRITORY

-between-

Government of Canada

-and-

Government of Ontario

-and-

Nishnawbe Aski Nation (NAN) on behalf of the First Nations in NAN Territory

(Collectively "the Parties")

- 1.0 WHEREAS, Nishnawbe Aski Nation ("NAN"), the Ministry of Health and Long-Term Care, and Health Canada, jointly recognize the need for First Nations communities, Ontario, and the Federal government to work together to address the need for a new responsive and system-wide approach to health for NAN territory;
- 2.0 WHEREAS, this Charter expresses the political commitments of the Parties to develop and sustain a renewed relationship that is a partnership and that the Parties intend to result in immediate, medium, and long-term transformative change to the existing health system at the NAN community level;

3.0 WHEREAS

- Nishnawbe Aski Nation (NAN) is a political territorial organization representing 49 First Nation communities within northern Ontario. NAN's objectives include acting to improve the quality of life for First Nations people residing in its region, including the quality and effectiveness of their health care;
- Ontario, through the Ministry of Health and Long-Term Care, funds, administers and provides leadership for the delivery of health care services to all residents of Ontario pursuant to the province's legislative framework and guided by the provisions of the Canada Health Act; and
- Canada, through the First Nations and Inuit Health Branch of Health Canada, works with
 First Nations, Inuit and provincial and territorial partners to support healthy First Nations
 and Inuit individuals, families and communities. Canada also funds or provides a range of
 community-based health programs, services and non-insured health benefits to improve
 health outcomes and supports greater control of the health system by First Nations and
 Inuit.

HISTORICAL CONTEXT

- 4.0 WHEREAS, the Sioux Lookout Area Chiefs Committee on Health (CCOH) and the NAN Chiefs issued a Declaration of Health and Public Health Emergency on February 24, 2016. The Declaration called for a meeting between First Nations leadership and Provincial and Federal Health Ministers;
- 5.0 WHEREAS, on March 31, 2016, a meeting took place between First Nations leadership and Provincial and Federal Health Ministers. At this meeting, the Parties committed to work in collaboration to jointly identify NAN health priorities and undertake joint health planning and strategy development for health system transformation through direct dialogue by establishing a senior level committee of representatives of the Parties to be monitored by NAN's political leadership, the Federal Minister of Health, and the Ontario Minister of Health and Long-Term Care;
- 6.0 WHEREAS, the Truth and Reconciliation Commission Calls to Action call for the Federal and Provincial governments to play a role in closing the gaps in the quality of life and availability of health services between Indigenous Peoples and other Canadians;
- 7.0 WHEREAS, the United Nations Special Rapporteur on the Rights of Indigenous Peoples in a 2004 Report on Mission to Canada recommended that emergency measures be taken to address the critical issue of high rates of diabetes, tuberculosis and HIV/AIDS among Indigenous people; and that the suicides of Indigenous persons be addressed as a priority social issue by the relevant public social service and health institutions;
- 8.0 WHEREAS, the 2015 Auditor General of Canada's report on Access to Health Services for Remote First Nations Communities recommended that "working with First Nations organizations and communities, and the provinces, Health Canada should play a key role in establishing effective coordinating mechanisms with a mandate to respond to priority health issues and related interjurisdictional challenges";
- 9.0 WHEREAS, NAN communities have issued and developed numerous declarations, recommendations, resolutions, and studies providing specific and comprehensive solutions to the crises they face; and
- 10.0 WHEREAS, previous and existing bilateral and multilateral Agreements (namely, the Sioux Lookout Four Party Hospital Services Agreement, NAN/Canada Bilateral Agreement on Health Care Relationships, and the Weeneebayko Area Health Integration Framework Agreement) have committed to strengthening relationships among the Parties to those agreements, improving health and health care services, balancing health services between prevention and treatment of illness, and integrating services within communities.

INTENT AND MANDATE

The intent of this Charter is to formalize the commitment of the Parties to develop and sustain a renewed relationship, that is a partnership, and to articulate the Parties' support for a new, responsive and system-wide approach to health for the NAN territory.

This is a relationship-strengthening document, and is not intended to create or alter legal obligations on the part of NAN, First Nations, Canada, or Ontario, or to be a treaty, or to create, redefine, impact the interpretation of, prejudice or affect any rights, assertions of right, or jurisdiction of NAN, the First Nations, Canada, or Ontario. Furthermore, this Charter is without prejudice to any claim to a treaty right to health by any First Nation that is a member of the Nishnawbe Aski Nation. The Parties to this Charter commit to respecting the autonomy and diversity of tribal councils and communities. The parties do not intend for any future agreements flowing from this strengthened relationship to derogate from any First Nations' inherent or treaty rights.

This Charter has been created to acknowledge and guide the work of the Joint Action Table (outlined in the Terms of Reference attached to this document as Appendix A), and is not to be used for any other purpose.

GUIDING PRINCIPLES FOR A RENEWED RELATIONSHIP

The Parties therefore commit to a renewed multilateral nation to nation relationship that is guided by a mutual, collaborative approach to health planning in accordance with the following principles:

- 1) Any new approach is intended to address health, and health care service gaps;
- First Nations must have timely access to culturally safe health services and facilities, regardless
 of where they live and have a right to equitable access to health services that meet the unique
 needs of the communities of NAN territory;
- 3) Joint strategies are needed to identify and address structural barriers to health care delivery to First Nations;
- 4) Health transformation is a community driven process that engages the expertise of First Nations communities and health care professionals, and collaboratively increases the involvement of First Nations to ensure decision making concerning health services for communities is at the community level;
- 5) Any new approach for addressing health and wellness would be guided by existing health plans and community directions;
- The system is intended to be flexible, efficient and accountable;
- New approaches would build on First Nations' capacities and strengths with an emphasis on local control and authority over health care services;

- 8) Continuous evaluation is important for measuring progress and systematically assessing, evaluating and improving the structure, process and outcomes;
- 9) Governance and management of the system is intended to be guided by clear roles and responsibilities at all levels and incorporate First Nations ways and other best practices;
- 10) Health partners and communities will work together in a coordinated and collaborative manner while respecting the autonomy of tribal councils and communities. Communities will be engaged at all levels (community workers, elders and youth) so that their voices are heard and incorporated into community-based programming;
- 11) First Nations have an inherent right to self-government and that the relationship between Canada, Ontario and the First Nations must be based upon respect for this right; and an inherent right to self-government may be given legal effect by specific rights recognized and affirmed by section 35 of the *Constitution Act, 1982*, or through negotiated agreements and legislation;
- 12) The jurisdiction and legal obligations of the Crown are determined by the Canadian constitutional framework, which includes common law and treaties entered into between First Nations and the Crown;
- 13) The Parties intend to maintain and strengthen a relationship that is based on (a) the special and the fiduciary relationship that exists between Canada and NAN First Nations; and (b) a commitment by Canada and Ontario to uphold the principles of the Canada Health Act including the accessibility criteria for First Nations people residing in the NAN Territory; and
- 14) This Charter is intended to strengthen the relationship between Canada, Ontario and NAN and the Parties will strive to ensure that their work together is respectful.

THE VISION: HEALTH SYSTEM TRANSFORMATION

This system-wide change would see First Nations have equitable access to quality care delivered within their community, in NAN territory, as a priority. The Parties intend the system to include holistic models of care, focusing on wellness planning, population health and health determinants. The system would be patient centred, responsive to community and patient voices, and ensure that health care providers funded by federal or provincial governments would have the skills required to provide responsive, effective and culturally safe care. Communities would be engaged at all levels (community workers, Elders, and youth) so that their voices are heard and incorporated into community-based programming.

The Parties intend to take all reasonable steps necessary to support health system transformation for the First Nations in NAN territory, including, but not limited to:

1) Supporting an alignment process that would bring decision-makers together to move health transformation forward in a deliberate, planned, and measurable way;

2) Creating a framework that would:

- a) Include an immediate process that would review the urgent health needs identified by NAN
 and other First Nations health entities within NAN territory, prioritize actions, and
 implement a joint action plan with an evaluation program for transparency;
- b) Include a joint review and implementation of commitments made by Health Canada in response to the Auditor General of Canada Spring 2015 Report on Access to Health Services for Remote First Nations Communities that are relevant for the NAN First Nations;
- Include a joint review of the existing health system and funding model, and work towards health system transformation guided by existing system transformation models in the NAN territory that would create new models to improve access to health services;
- d) Observe the principle that jurisdictional disputes should not prevent the timely provision of services to First Nations children.
- 3) Developing new approaches to improve the health and health access of First Nations people in NAN territory and associated communities, including increasing and improving services and access at the community level;
- 4) Supporting the ability of communities and First Nations institutions to deliver and plan health services;
- 5) Proposing policy reform, and considering whether legislative changes may be required, to design a new health care system for First Nations in NAN Territory that includes sustainable funding models within a new fiscal arrangement; decision making structures that provide First Nations with authority, control and oversight; and enable multi-sectoral approaches;
- 6) Removing barriers caused by jurisdictional, funding, policy, cultural and structural issues that negatively impact First Nations' ability to plan, design, manage and deliver quality health care services in their communities and for their members; and
- 7) Establishing tri-governmental political oversight such that the actions and decisions of all officials within their organization, Department or Ministry are consistent with the political commitments made by their leaders.

GOING FORWARD

The development of relationship principles between the parties is a component of the health transformation process. These principles are meant to guide discussions among the Parties respecting health system transformation. The Parties intend to identify their leads and the resources for an immediate and ongoing planning process and will finalize a structure and work plan for said planning process, including identifying frequency of meetings, as is outlined in the Terms of Reference and attached as Appendix "A".

As the work proceeds, the parties intend to provide regular written updates (at least once per year) to the Chiefs-in-Assembly of the NAN communities.

WHEREOF THE PARTIES hereto have executed this Chabelow, dated thisday of	arter of Relationship Principles as set out, 2017
Grand Chief Alvin Fiddler Nishnawbe Aski Nation on behalf of The First Nations in NAN territory	July 24, 2017 Date
Hopourable Jane Philpott Minister of Health on behalf of Canada	July 24, 2017 Date
Honourable Eric Hoskins	July 24, 2017 Date

Minister of Health and Long Term Care on

behalf of Ontario

First Nations Health Transformation

November 2017



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