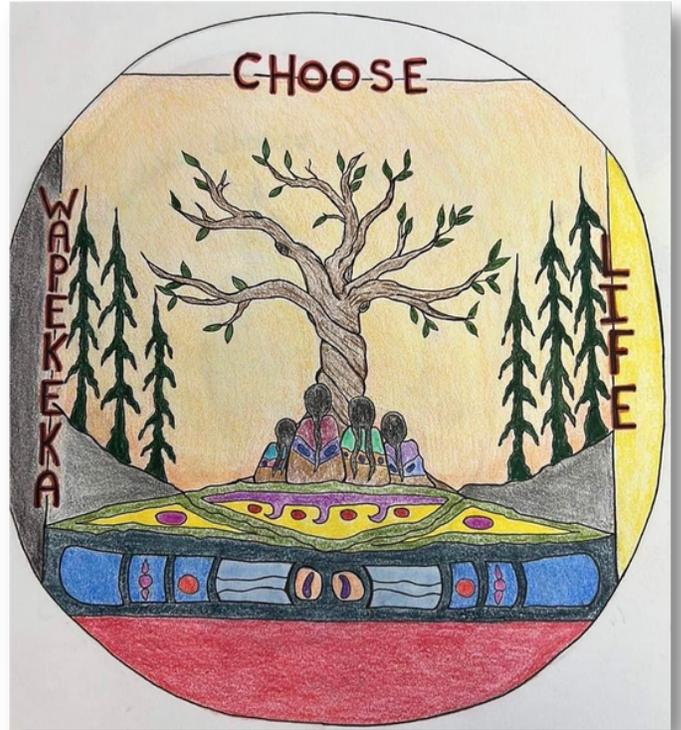


CHOOSE LIFE COMMUNITY PHOTOS & UPDATES



CONGRATULATIONS TO OUR CHOOSE LIFE - LOGO CONTEST WINNER, URSULA WINTER! - FROM THE WAPEKEKA CHOOSE LIFE TEAM AND WAPEKEKA FIRST NATION, AND FROM THE NAN CHOOSE LIFE TEAM!



Choose Life Lac Seul

Photos from the Lac Seul Choose Life Team. They brought their youth out to connect with the land while ice fishing.

ANNOUNCEMENTS

The Choose Life Networking Calls are back! Please join our team and let's stay connected with one another!

Dates: Every second Wednesday of the month

Feb 8 | Mar 8 | Apr 12 | May 10 | Jun 7
Jul 12 | Aug 9 | Sept 13 | Oct 11 | Nov 8 | Dec 13

Time: Log in @ 10:45AM EST
Starts @ 11:00AM EST

There will be **attendance prizes!**

Training Opportunity! Mental Health First Aid March 23 & 24, 2023. All spots have been filled! Our Team is looking forward to seeing you there!

NAN CHOOSE LIFE TEAM

Interim NAN Social Development Director
Robin Quachegan *previously Nichole Kinzel*

NAN Choose Life Manager
Marla Murray, mmurray@nan.ca

NAN Choose Life Policy Analyst
Jessica Gacsi, jgacsi@nan.ca

NAN Choose Life Community Advisor
Allan Turtle, aturtle@nan.ca

NAN Choose Life Data Officer*
Shannon Furioso, sfurioso@nan.ca

NAN Choose Life Officer*
Rauslyn Laviolette, rlaviolette@nan.ca

NAN Choose Life Training Coordinator*
Vacant previously Miranda Echum

NAN Choose Life Coordinator
Bibianne Charles, bcharles@nan.ca

NAN Choose Life Cultural Coordinator
Kiaya Drake, kdrake@nan.ca

NAN Choose Life SW Student
Jenna Panontin, jpanontin@nan.ca

(* RECENT STAFF CHANGES)

NAN Choose Life welcomes new staff and wishes those who have left the Choose Life Team many thanks for their role in Choose Life and well wishes as they journey forward.

STAFF CONTACT UPDATE FORM

Has your team had any recent staff changes? Please let us know so we can update your contact information in our database. Scan the QR code to the right or contact Rauslyn Laviolette our Choose Life Officer and she will provide you with the link to complete the form.



RESOURCES

NAN HOPE
CALL 1-844-NAN-HOPE (626-4673) nanhope.ca

Hope for Wellness Help Line
CALL 1-855-242-3310
hopeforwellness.ca

Talk4Healing
CALL 1-855-554-HEAL (4325)
talk4healing.com

Please reach out if you need support!

Kids Help Phone
CALL 1-800-668-6868 Text 686868 kidshelpphone.ca

CMHA Crisis Response
thunderbay.cmha.ca
Call Thunder Bay: 807-346-8282

District / Toll-Free: 1-888-269-3100 Northwest Region:
1-866-888-8988

Crisis Services Canada
crisisservicescanada.ca
CALL 1-833-456-4566
TEXT 45645

REFERENCES

<http://onlc.ca/wp-content/uploads/2014/06/13-Moon-curriculum2.pdf>
<https://mushkiki.com/our-programs/moontime-and-grandmother-moon/>

CULTURAL DATABASE

If you can share any Cultural Resources that you would like to make accessible on the Cultural Database or if you know of anyone interested in sharing their cultural or land-based teachings/skills/gifts with Choose Life, please fill out the Cultural Helpers Form. It is accessible at: Choose Life - Nishnawbe Aski Nation (nan.ca). You can also scan our QR code or click the link below the code. If you have any questions regarding the database, please contact Kiaya Drake.



HOW CAN I CONTRIBUTE?

You can contribute to the newsletter by emailing Kiaya Drake to share teachings, resource links, photos, activities and/or events which took place in your community that you wish to highlight and share with other Choose Life Teams throughout NAN. You can also nominate someone for our Honorable Mentions section. You can do this by scanning the QR code.

