



Our Agency's Approach to
**PREVENTION AND FIRST NATION
ENGAGEMENT**

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OUTLINE

- 01** PREVENTION HOUSE
- 02** PREVENTION TOOLKIT
- 03** PREVENTION NETWORK
- 04** BAND ENGAGEMENT





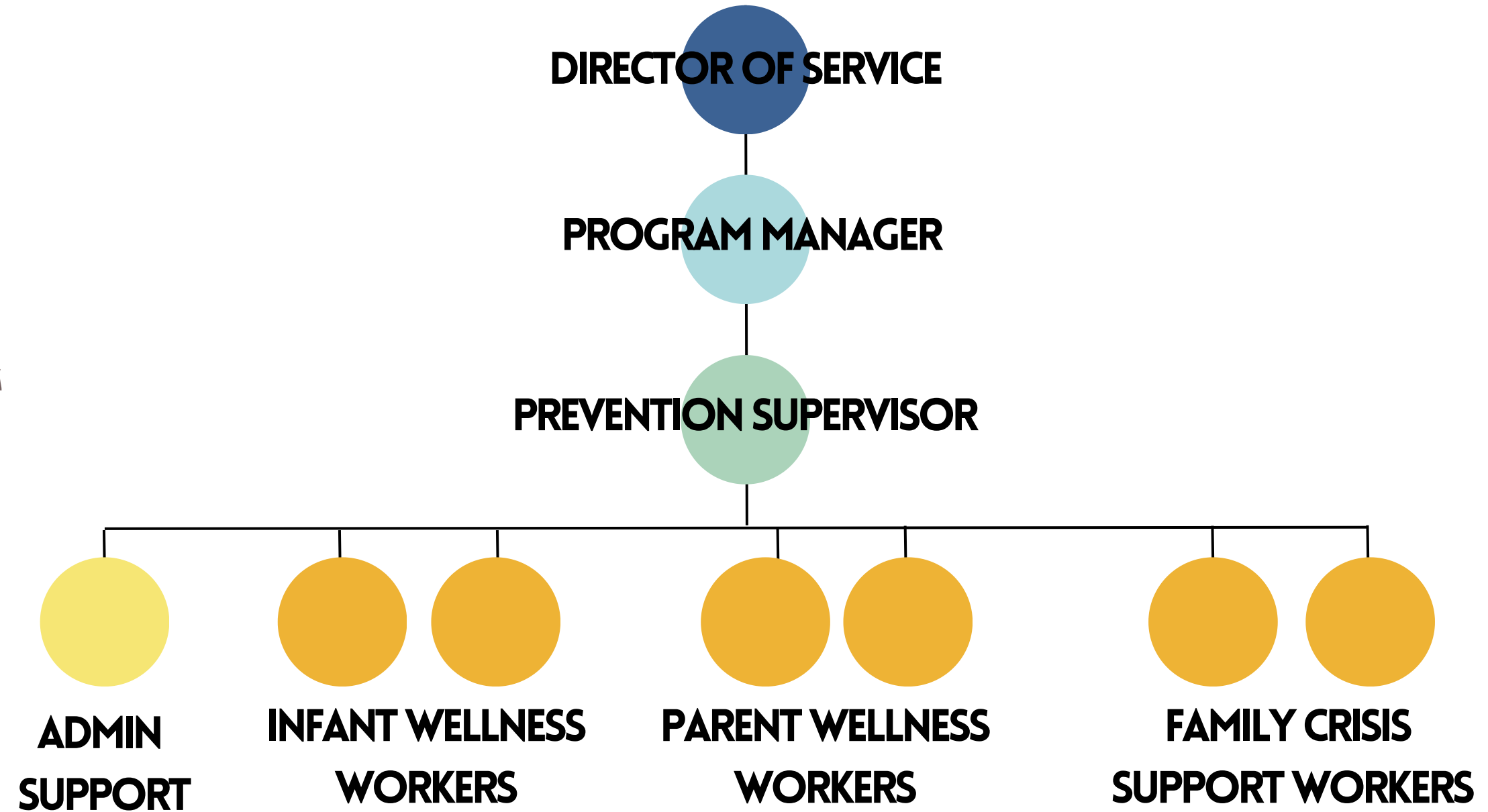
THE PREVENTION HOUSE
Community-Based Prevention Program



The Prevention House
NURTURING RESILIENCE IN FAMILIES

The Prevention House

"To prevent child welfare involvement by **nurturing resilience & strengthening wellness** in families."



The Prevention House



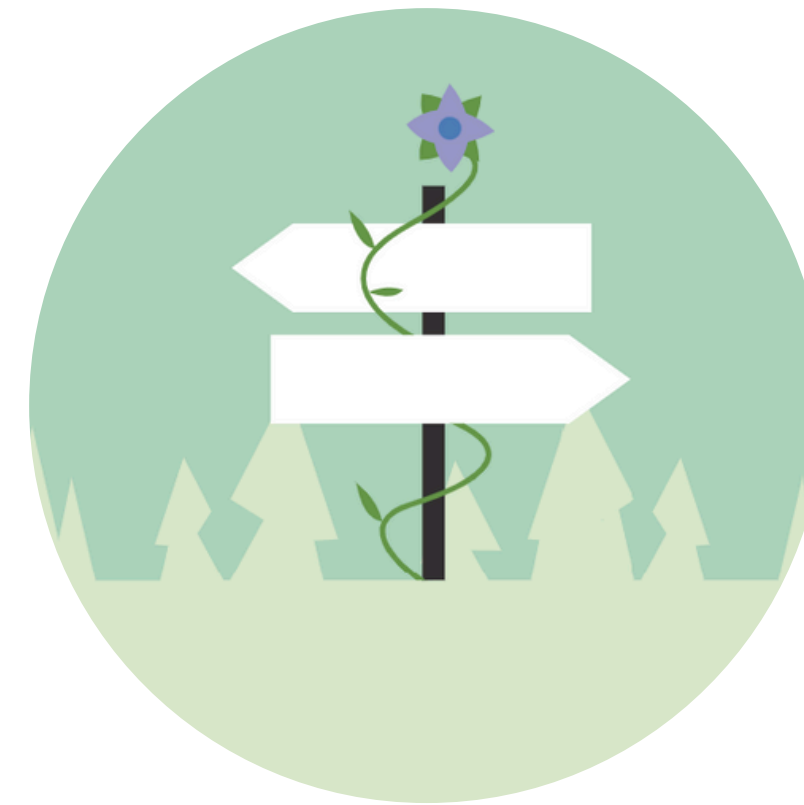
INFANT WELLNESS

- prevention from the start
- supports families that are expecting and/or have children 0-6



PARENT WELLNESS

- supporting parents to be cycle breakers
- supports families that have children ages 7-18



FAMILY CRISIS SUPPORT

- helping families recover & prevent future crises
- supports families that have experienced a recent crisis

ALL PROVIDE ONE TO ONE SERVICES & COMMUNITY PROGRAMS

Summary of Programs & Services

One-to-One Family Services

Services Referral Form

Parents will develop a Family Wellness Plan with an Infant Wellness, Parent Wellness, or Family Crisis Support Worker, working together to improve family wellness through goal setting.



Brief Services

ThePreventionHouse@cyms.ca

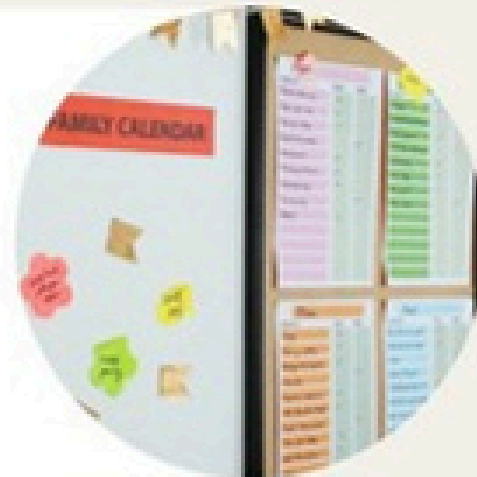
Families that need an information package on a specific topic, a single session visit, or short-term (1-2 days) assistance with supplies will contact us directly to make a request.



Community Programs

CYMS Prevention Facebook page

Fun and educational family-oriented programs are posted to our Facebook page on a monthly calendar, and participants will sign up for each individual event, or drop-in at 53 Gardiner (Moosonee).



Crisis Funding

Crisis Funding Referral Form

Individuals or families in crisis with limited access to other sources of funding will be referred by a Community Support Worker in order to obtain essentials in a timely manner.





Father's Day BBQ + Baseball Event



Family Kitchen



Mom & Daughter
Spa Day



Family Craft Night



Budgeting Workshop

Infant Massage



Mom's Cultural Retreat



Mom + Baby Workout



Mindfulness Bottles



Collaborating + partnering for our families





PREVENTION TOOLKIT

An Electronic Resource



The Prevention House Toolkit:
Supporting Prevention Program Development

www.CYMS.ca
thepreventionhouse@cyms.ca

Prevention Toolkit

- Electronic resource accessible to all Prevention Staff in our region
- Includes: examples, templates, ideas, tips, powerpoint presentations, handouts, and video tutorials
- Sections: **Intro, Branding, Human Resources, Budget, Team Development, One to One Services, Community Programs, Reporting, Resource Bank**
- A living + evolving resource
- **Stats:**
 - **222** visits since Jan 2026
 - **12** versions
 - **75** members

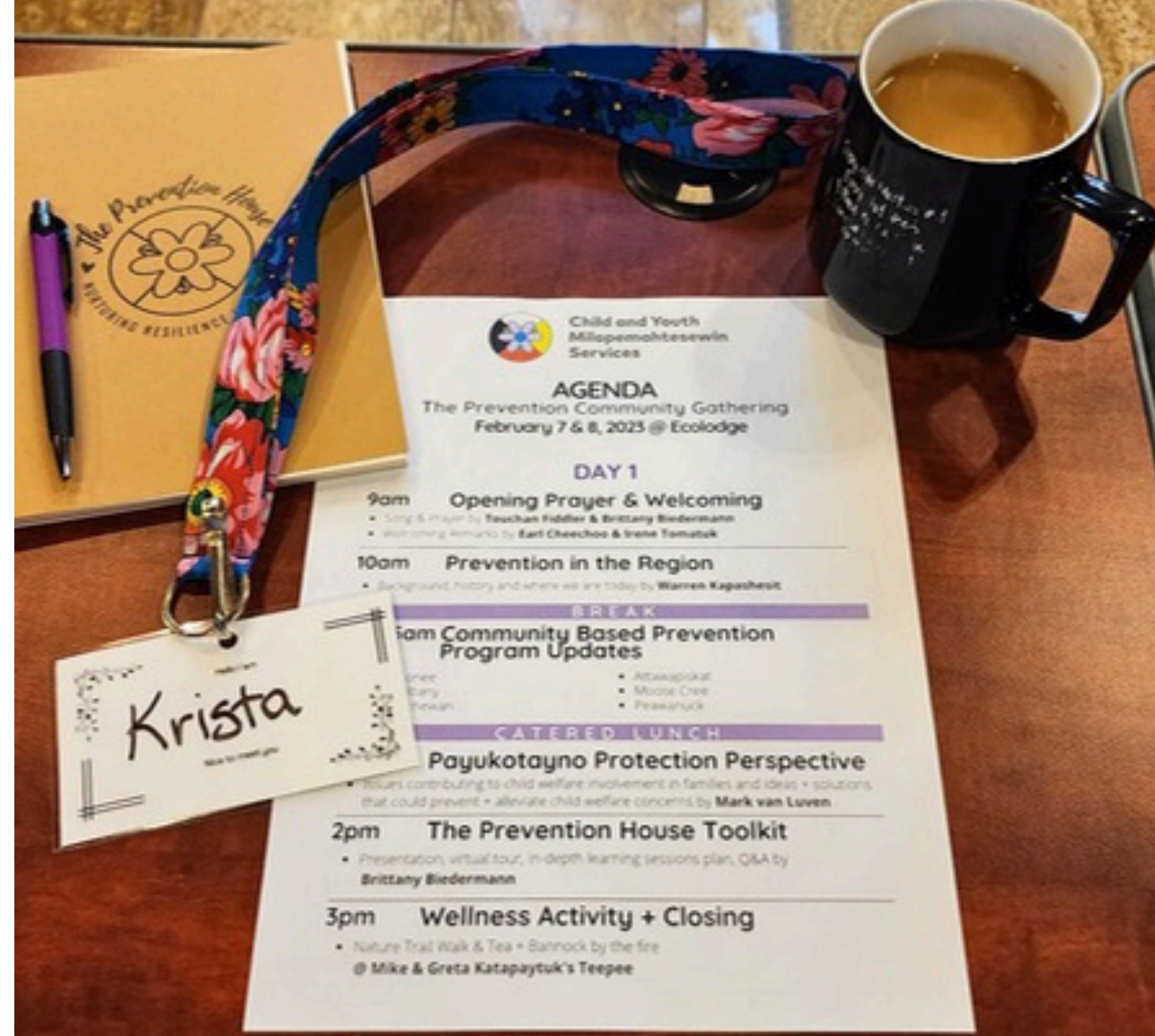


PREVENTION NETWORK

The Prevention Community

How it started

- Established in Feb 2023
- Launched through an in-person gathering **'The Prevention Community Gathering'**
 - 1st time connecting as a group
 - discussed network purpose, goals + direction
 - launched Toolkit
 - Toured The Prevention House



The Prevention Community

GOALS:

1.CONNECT

2.SUPPORT


3.COLLABORATE


4.GROW

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The Prevention House
 NURTURING RESILIENCE IN FAMILIES



SUMMARY

Provides One to One Services and Community Programs to families residing in Moosonee and Moose Factory in the areas of Parent Wellness, Infant Wellness and Family Crisis Support.
 Referral Forms and more information available on our website.

CONTACT INFO

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Infant Wellness Worker
 Phone:
 Email:
 Cell:



Gathering Agenda

Day 1 - Foundational Topics - Tuesday, October 17, 2023

8:30am	Opening & Welcoming MC Warren Kapashesit & Elder Stella Schimmens
9:30 to 11:00am	Supporting Families Struggling with Addictions Speakers: Dr. Loisa Marion-Bellemare & Dr. Julie Samson
11:00 to 12:00pm	Protecting & Empowering our Children: Preventing Childhood Sexual Abuse Speaker: Lily Flores
12:00 to 1:00pm	Catered Lunch
1:00 to 2:00pm	Infant and Early Mental Health as Prevention Speaker: Brittany Biedermann
2:00 to 3:00pm	Recognizing the Strengths of Cree Traditional Parenting Speaker: Lindsay Linklater-Weistche



Today



- Meet on a quarterly basis virtually
 - 13 meetings to date
- Shift to working individually with communities
 - co-designing Prevention Model
 - training – prevention, early mental health, case management
 - co-facilitating and supporting community events
 - mentoring Prevention Supervisors
- Lots of development happening in our region – lots of hope





FIRST NATION ENGAGEMENT

Relationships, Collaboration, Accountability



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